

New for the 2017 Season

- ➔ Registration will be on a weekly basis.
- ➔ We are offering half day and full day registration options for our Recruits, Mates, and Advanced Training Group.
- ➔ Opti and 420 Race Teams will both be full day classes. Minimum registration is a 5 week session.



Complete information about all our programs is available on our web page,

<http://hyc.cc/curriculum>

or email

sailingprogram.hyc@gmail.com

Regattas

All race team members are encouraged to participate in regattas at other clubs and our own Youth Regatta.

There is a tentative schedule of regattas on the Youth Sailing Program Curriculum page.



Women's Sailing Program

The Women's Sailing program is designed for those who wish to learn the basics of sailing and for intermediate sailors who wish to practice their sailing skills. While gaining confidence in sailing, you will meet like-minded women from the community and enjoy sailing the beautiful waters of the Harraseeket River! This program requires a minimum of 12 participants (and maximum of 20).



LEARN TO SAIL!
2017
Sailing Programs

Register Now!

Youth Sailing Program
- Classes for All Ages and Levels!
- Full Day and Half Day Classes!
- Session runs June 19 - August 11

NEW Women's Sailing Program

For Details on all Programs Visit
WWW.HYC.CC

Harraseeket Yacht Club
Dixon Wharf Rd, PO Box 82
South Freeport, ME 04078

*Summer Sailing Programs
June 19th to August 11
Harraseeket Yacht Club
South Freeport*

Open to the public.

Sailing on Casco Bay is fun for all ages. If your children are between the ages of 5 and 18, there is something for them in our vibrant program.

Our Women's Program is a special opportunity for women to sail and hone their skills together.

Guppies

is a class designed for our youngest sailors.

This Introduction to Sailing class is for 5-7 year olds; participants must reach their 6th birthday by September 1. The class is very hands-on, allowing young sailors to gain comfort on the water. The sailing is mostly in Optimist dinghies; the class will have lots of games and of fun! Sailors must be able to pass a swim test in order to participate.



Recruits

at HYC are the youngest members of our full-day youth program, usually age 8-11. Normally, students complete two half day weeks before graduating to a full day. No prior sailing experience is required. Recruits sail Optimist dinghies and Sonar keelboats!



Mates

Mates at HYC are graduates of the Recruits Class. The sailors build confidence through experience, learn sailing rules and the basics of navigation. Mates are introduced to a variety of sailing games and drills to continually hone their skills.

Advanced Training Group

The ATG serves as a bridge between sailing and racing. Skilled sailors that have the desire to race but need a boost of confidence and practice with specific skills will benefit greatly from this class. The Mate who has mastered most skills but who sees the future as a "cruiser", but not as a "racer" might also be recommended for this class.



Racing

The Opti Race Team is for sailors age 10-15 who are motivated to learn the art of racing. The Optimist dinghy is a single handed highly maneuverable sloop, specifically designed for the young sailor.

The 420 Race Team is a logical next step for students that have grown out of the Optimist dinghy and are seeking to continue to improve their boat handling & tactical skills. A 420 is a double-handed dinghy that is raced competitively by junior sailing programs.