

# Opti Race Team

with coach Matt Bolles

Registration opens: 3/15/19  
[hycyouthsailing.org/registration](http://hycyouthsailing.org/registration)

## Why Opti Race Team?

The optimist is a single-handed dinghy, overall length 7'-9", and is one of the most popular sailing dinghies in the world, for children up to age 15 / 125 lbs. Learning to sail an Optimist allows students to experience immediate results from their own decisions and is a fantastic learning tool. All our new sailors will be in the Green Fleet. The focus of Green Fleet is on learning, not winning. Once sailors show their competence in Green Fleet, they are ready to move up to Champ Fleet. Most Opti racers will spend their first summer in Green Fleet.

## What is the commitment?

### How much time?

- Minimum 4 weeks
- More weeks encouraged!

### What weeks?

- Session one: June 24th - July 19th
- Session two: July 22nd - August 16th

### Why?

- To ensure that the sailors gain a good understanding of racing techniques through practice at HYC and entry level regattas

### Questions?

- Contact director Taylor Marshall at [sailingdirector.hyc@gmail.com](mailto:sailingdirector.hyc@gmail.com)

## Volunteers needed!

The race team families play an important role as well, as the team relies on parents to volunteer for various tasks such as carpooling to regattas, acting as chaperones at regattas, and other responsibilities as needed. Coaches are not legally permitted to drive sailors, so parents are key to making regattas possible!

## Regattas rock!

We are focusing on creating a schedule that offers sailors an easy entry into racing but still challenges them and helps them to build on their skills. Below is a list of potential, and optional, regattas.

*Regattas depend on family support and involvement, we encourage everyone to look at their schedules for the summer and give your input into dates for regattas that would work well for everyone.*

### **Potential (optional) regattas:**

- July 11th & 12th HYC youth regatta
- July 17th & 18th Junior Olympics in Camden
- July 30th & 31st Rig It Up Regatta at Lake Sunapee
- July 31st BHYC Adventure day in Boothbay
- Some races in the MIRC circuit around Southern Maine (dates TBD)